

WHAT TO BRING

Miscellaneous Items:

- Insurance and pharmacy card
- Driver's license/state ID
- Please be advised, masks may become mandatory in the event of covid in the building.
- Positive reading material (recovery-related / spiritually related)
- Pictures of family and friends
- Any electrical items (I.E. grooming products like electric shaving) will be checked for safety.
- Music device- with no internet access
- Cell phone for traveling purposes. Cell phones will be taken upon admission and placed in a safe. A calling card is not required, as all clients are allowed to use the phone following the blackout period with their counselor.
- Prescribed non-narcotic medications

Tobacco Items

- Please bring in enough Tobacco/ Vape products for the entire length of stay in unopened packaging.
- Family/Friends may drop off Tobacco/ Vapes products if needed.
- Any unopened Vape but the throw away kind-No refill kinds or juice permitted
- Loose tobacco must be in sealed new packaging
- Chewing tobacco and nicotine gum are not permitted

WHAT NOT TO BRING

- Internet devices (including laptops)
- Non-prescription medication or vitamins (Tylenol, Motrin, Advil)
- Narcotic medication
- Expensive or excessive jewelry
- Aerosol products, including deodorant and hairspray
- Illegal substances or mood-altering drugs
- Inappropriate clothing
- Hats, bandanas, headbands, durags
- Open toiletry items
- Toiletry items containing alcohol
- Outside food or beverage including snacks and candy
- Pillows, sheets, blankets, or towels.
- Laundry detergents