

NEEDS LIST FOR INPATIENT TREATMENT

Please be aware that this list includes the maximum items allowed on day of admission. All toiletry items must be new and in original containers. Two (2) standard suitcases of luggage are permitted only; excessive bags will be returned and not accepted on day of admission.

CLOTHING

10 Pairs Underwear
7 Shirts, no sleeveless (*seasonally appropriate*)
10 Pairs Socks
Bras, Pantyhose, Tights
(women- no more than 10 in total)
3-4 Pairs Jeans or Chinos
3 Dress Slacks
(*No more than 6-7 pairs of pants in total*)
1 - 2 Belts
1 Pair Shoes, Boots to work in
3 Ties

CLOTHING

3 - 4 Dress Shirts
1 Pair Sneakers
2 Pair Pajamas
1 Pair Shower Shoes (flip-flops)
2 - 3 Pair Sweatpants
3 Pairs of Shorts (*if seasonally appropriate*)
1 Bathrobe
1 Pair Dress Shoes

IN WINTER

1 Heavy Coat
1 Pair Gloves
1 Ski Cap

TOILETRIES (No aerosol & alcohol free)

Shampoo, Conditioner (no open containers)
Soap
Feminine Products (only sanitary napkins)
Toothbrush, Toothpaste, Floss
Nail clippers
Brush, Comb
Shaving Articles
Deodorant

LINENS

3 Towels
2 Wash Cloths

MISCELLANEOUS

Picture Identification
Clothes Hangers
Cigarettes (if you smoke)
Notebook w/ Pens, Pencils
Paper, Envelopes, Stamps
Phone Card
Watch only (\$25 or less in value)

IMPORTANT NOTICES:

- Electronic equipment (i.e., radio, walkman, CD players, alarm clocks) are not permitted upon admission.
- Jewelry is not permitted, with the exception of wedding bands and/or approved religious medals.
- Men are not permitted to wear facial hair of any kind and are required to keep haircuts above the collar. No ponytails are to be worn by men.
- Women are not permitted to wear makeup, hairspray, or other cosmetics upon admission.
- Provocative or revealing clothing will not be permitted, (i.e. tank tops, low-cut shirts/pants, belly shirts, and form-fitting clothing).
- Hairdryers, curling irons, and Hairdyes are not permitted.
- No chewing tobacco, cigars, or pipe smoking is allowed.
- No body jewelry is allowed.
- Do not bring any open packs of cigarettes into treatment.
- Do not bring anything of value as Discovery will not assume responsibility for it.
- Do not bring bedding or laundry bag - Discovery will provide these items.